



**For Immediate Release**

## **This holiday season, why be nice when you can be naughty?**

**Nov. 2, 2011, Victoria, BC** – If you're already slotted to receive a lump of coal from Santa this Christmas, now's the time to let your inner-naughtiness shine. After all, 2012 is a new year, right?

### **Get naked in public.**

Mooning or streaking might be a no-no, but a new Canadian invention allows you to get naked in public without facing those pesky indecent exposure fines. While the tube-like Chawel (also known as the change-anywhere-towel) has a multitude of uses, including subbing in as a sleeping bag, travel pillow, laundry bag and more, its main purpose is to allow owners to (discreetly) change out of wet bathing suits while on public beaches.

Available in two versions, The Traveller (made from terry towel and micro fleece) and The Sport (made from polyester with a quick-dry, anti-snap and anti-bacterial finish), the Vancouver-designed Chawel is available for purchase at Ocean River Sports – a specialty kayaking and outdoors store located in Victoria, BC. The cost for a Chawel is \$35 Cdn. To purchase, visit Ocean River Sports in person (1824 Store Street, Victoria, BC) or online ([www.oceanriver.com](http://www.oceanriver.com)).

### **Go on a vacation and leave the kids with your parents.**

Kids driving you up the wall? Forget about what your busybody neighbours will say and take a vacation with your spouse, leaving your delightful munchkins with the grandparents. While Wildland Adventures, a travel outfitter that specializes in taking explorers around the world on unique, one-of-a-kind experiences, has a number of family- and kid-friendly itineraries, the company also offers a range of romantic getaways, perfect for reconnecting with your loved one far (far) away from Toopy and Binoo or Dora the Explorer.

Wildland Adventures' romantic getaways feature luxurious accommodations, from boutique hotels to secluded bungalows and private eco-camps; offer a range of romantic and active adventures, such as hot-air ballooning over the Serengeti, exploring the unique Galapagos wildlife by kayak, and watching the sunset from atop an ancient Mayan temple (with a glass of wine in hand); and are available in a number of worldwide destinations, including Belize, Costa Rica, the Galapagos Islands and eastern and southern Africa. The cost for a Wildland Adventures' getaway ranges from \$2,395 to \$11,995 USD per person. To pick from more than 130 unique itineraries in 28 countries, visit [www.wildland.com](http://www.wildland.com) or call [1-800-345-4453](tel:1-800-345-4453).

### **Ditch couples counseling and try a love potion.**

The seductive, aphrodisiac power of natural, plant-based derived scents has been celebrated for thousands of years, starting with the ancient Egyptians. Today, Silk Road, a retail store and spa located in Victoria, BC's historic Chinatown, has carried on this tradition, blending unique and all-natural products that are perfectly designed to get you in the mood. So for a quick relationship pick-me-up that comes at a fraction of the cost for couples counseling, head to Silk Road and pick out some love potions.

Passion, one of Silk Road's signature aromatherapy scents that's available as a bath salt or massage oil, is a bewitching blend that features notes of jasmine (known throughout the Middle East, Asia and Southeast Asia for its intoxicating and seductive aroma), ylang ylang (flowers that, in the Philippines, are often strewn over the beds of newlyweds on the wedding night), mandarin, geranium, patchouli, clary sage and black pepper. The cost for Silk Road's Passion products range from \$3.99 to \$24.95 Cdn (salts) and from \$12 to \$24 Cdn (oil). To purchase, visit Silk Road in person (1624 Government Street, Victoria, BC) or online ([www.silkroadtea.com/order.htm](http://www.silkroadtea.com/order.htm)).

**Set your friends up to lose at Trivial Pursuit.**

If you're suffering from brain imbalance (symptoms can include memory issues, anxiety and a lack of clarity in thinking) and are sick of losing at games like Trivial Pursuit, it might be time to bring your body's most important organ, the brain, to Valentus Clinics for a tune-up. As a non-invasive process, Brainwave Optimization has helped more than 40,000 people rebalance their brains, resulting in improvements in cognitive function, memory and sense of balance, harmony and happiness – meaning that you just might earn top spot at the next board game night.

Valentus Clinics' Brainwave Optimization program is overseen by an experienced clinical psychologist and the 10-session package includes a complete pre- and post-assessment, allowing clients to see balance improvements in specific areas of their brain. The cost to optimize your brain at Valentus Clinics is \$2,200 (many extended healthcare plans will help offset the cost). To purchase, drop by the clinic (103-1625 Oak Bay Avenue, Victoria, BC) or visit [www.valentusclinics.com](http://www.valentusclinics.com).

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