



For Immediate Release

Visiting two diverse Costa Rican landscapes equals one awesome vacation
Discover low Santa Teresa beaches at Latitude 10 and high Turrialba valley at Hacienda Tayutic with Cayuga Sustainable Hospitality

Jan. 19, 2012, San José, Costa Rica – A new property for Cayuga Sustainable Hospitality, a company that manages a number of Earth-friendly lodges, hotels and inns in the Central American region, means that it's now easier for travellers to explore Costa Rica's famed Santa Teresa beaches and lesser-known Turrialba mountains – all in one visit.

"With white sand stretching as far as the eyes can see, Costa Rica's awesome Santa Teresa beach scene is far from secret," said Hans Pfister, CEO and principle of Cayuga Sustainable Hospitality. "But still largely undiscovered by the average traveller is Costa Rica's Turrialba region, Costa Rica's Switzerland – a mountainous paradise with rolling landscapes, excellent cheese producers and activities for both the laidback and adventurous traveller. By combining visits of these two diverse landscapes into one vacation, I hope our guests come away with a renewed perspective of Costa Rica and knowledge about all she has to offer."

Two Cayuga properties fit the bill for an offbeat Costa Rican beach and mountain vacation, Latitude 10 in Santa Teresa and Hacienda Tayutic in Turrialba. Both accommodations offer just five guestrooms and highly personalized service – something Pfister says are two characteristics of the "anti-hotel."

"When you stay at Latitude 10 or Hacienda Tayutic, you're treated not like a guest, but as family," said Pfister. "These properties are anti-hotels: when you check in, there's no front desk to be found; in the lounge, the bartender greets you by name and already has your drink of choice prepared and waiting. These seemingly small things add up to make our vacation experiences so very different from the competition."

Feel the hot sand between your toes at Latitude 10 in Santa Teresa

Located just steps away from the pristine, white-sand Santa Teresa beach, Latitude 10 Exclusive Beach Resort is a romantic and private eco-getaway that contains just five guest casitas. As a hub for adventure and complete mind and body wellness getaway, guests can spend their days kayaking and snorkeling the clear blue waters, surfing on some of Costa Rica's finest breaks, rebalancing with a private yoga class or indulging in a deep-tissue massage.

Latitude 10's emphasis on health doesn't end on the beach or in the spa, either. At the on-site restaurant, guests can fuel up with delicious and nutritionally balanced dishes – each showcasing Santa Teresa's fresh and local ingredients, such as tropical fruits and seafood.

Rates start at \$210 per night (guestroom, low season; includes breakfast each day and use of bicycles and watersports equipment). For more information, visit www.latitude10resort.com.

Head for the breezy hills at Hacienda Tayutic in Turrialba

Hacienda Tayutic is a luxurious, family-run boutique hotel that's located in the mountainous region of Turrialba – a community deeply rooted in agriculture, with many farms, acreages and milk-processing plants dotting the landscape.



The peaceful lodge has five guestrooms with queen- or king-sized beds, private bathrooms and decks; a gourmet restaurant that features dishes made with organic ingredients and herbs grown on-site; a swimming pool and new spa; lush gardens and a macadamia nut, sugarcane and coffee plantation; and great views of the Turrialba Volcano – Costa Rica’s most active volcano.

Guests can spend their days hiking solo through Hacienda Tayutic’s 40-acres of protected rainforests, navigating Class II and III rapids down the Pejibaye River or exploring the on-site macadamia nut, sugarcane and coffee plantation.

Rates start at \$295 per night (low season, includes breakfast each day). For more information, visit www.tayutic.com.

About Cayuga Sustainable Hospitality

Cayuga Sustainable Hospitality develops and manages hotels, lodges and other tourism related projects in Latin America and the Caribbean that are committed to the four Ps of sustainability – people, planet, profit and place. It offers solutions and expertise to tourism operators looking to enhance their performance in an environmentally and socially responsible manner. As well, Cayuga provides expert responsible travel advice, including full itinerary suggestions for families, adventurers and honeymooners. For more information, visit www.cayugaonline.com.

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